



LUNCH MENU- LESTER B. PEARSON

SOUPS

Spicy Black Bean Soup

Cilantro and crème fraîche \$8.25

Thai Red Curry Soup

Chicken, mushrooms, cilantro \$8.25

LARGE SALADS

Caesar

Romaine lettuce, grated parmesan and bacon bits

Baby Spinach

Crumbled blue cheese, grape tomatoes and balsamic vinaigrette

Greek

Tomatoes, feta, cucumber, baby greens, sweet peppers and black olives

Baby Greens

Toasted pecans, fresh berry vinaigrette and goat cheese

Niçoise

New potatoes, green beans, tomato, hard boiled egg, olives, baby greens

All Salads come with a choice of:

Portobello mushrooms \$13.50

or

Tuna Salad \$15

or

Grilled chicken strips \$16.50

or

Warm glazed Arctic char \$16.50

or

Sautéed shrimp \$18.50

SANDWICHES

All sandwiches are served with green salad and house made potato crisps

Grilled Cheese

Tomatoes, cheddar, Swiss cheese and arugula \$13.50

Mediterranean

Grilled zucchini, eggplant, peppers, goat cheese and parmesan \$13.50

Smoked Turkey

Cheddar cheese, red onion, lettuce, tomato and ranch dressing \$14.50

Tuna Melt

Tuna salad on toasted whole grain bread with cheddar cheese \$14.50

RC Club

Chicken, bacon, lettuce, tomato and cheddar cheese \$16.50

Slow Cooked Beef

Caramelized onions and cheddar cheese \$16.50

Lobster

Fresh lobster tossed with celery, cucumber and lemon mayonnaise \$30.75

EXTRA'S

Smoked salmon Omelette

Brie cheese, baby greens \$16.50

Grilled Chicken Alfredo

Double smoked bacon, mushrooms and parmesan \$16.50

Grilled Vegetable Primavera

Penne, tomato sauce and pesto \$16.50