



BREAKFAST MENU

weekdays 7 to 10 am

STARTERS

BREAKFAST SMOOTHIE \$6.25

Bananas, yogurt, fresh orange juice and berries

½ RUBY RED GRAPEFRUIT \$3

Served warm with maple syrup

MORNING PICK ME UP

SEA BREEZE \$5

(Cranberry & grapefruit)

FRESH ORANGE JUICE \$3

MADRAS \$5

(Cranberry juice and orange juice)

ESPRESSO \$3

CAPPUCCINO \$3

ASSORTED TEAS, COFFEE \$1.75

CAFÉ AU LAIT \$3

SOFT BOILED FREE RANGE EGGS \$11.25

*With toast soldiers**

RIDEAU CLUB GRANOLA \$10.25

House made granola filled with oats, pecans and maple syrup, served with fresh berries and organic yogurt

“McCANN’S” STEEL CUT IRISH OATMEAL

\$9.25

Fresh fruit and maple syrup

EGGS BENEDICT \$15.25

*Smoked Canadian bacon, English muffin and hollandaise**

EGGS NOVA SCOTIA \$16

*Oven Head Smokers salmon, English muffin and hollandaise**

EGGS FLORENTINE \$15

*Baby spinach, English muffin and hollandaise**

EGG WHITE OMELETTE \$11.25

*Egg whites mixed with fresh herbs**

OMELETTE \$11.25

*Choice of mushrooms, bacon, green onions, peppers or cheddar cheese**

2 EGG BREAKFAST \$10.25

*Served with bacon or andouille sausage**

*served with vine tomatoes and herb roasted fingerling potatoes

We use only free range eggs from Bekings Farm in Oxford Station